

Tellington
TTouch-for-You®
The Tellington TTouch Book Club on YouTube

with Linda Tellington-Jones and Elinor Silverstein

Elinor Silverstein hosted Linda Tellington-Jones to discuss books which have been influential in the development of Tellington TTouch in the following Book Club meetings on YouTube.

Introduction Video:

Book Club, A Time of Sharing and Inspiring

with Elinor and Linda

https://www.youtube.com/watch?v=h_R1l_aEgII

Time: 6 min.

1) *Oxytocin, The Hormone of Healing and Hope*

by Dr. K. Paul Stoller

<https://www.youtube.com/watch?v=eZ22Y8W2oQM&t=61s>

Time: 1:05:52

2) *Ho'oponopono*

by Ulrich Dupree

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=eiYyv4iuT54&index=4&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[v=eiYyv4iuT54&index=4&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=eiYyv4iuT54&index=4&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

Time: 1 hr 11 min.

On the beautiful Hawaiian ritual of forgiveness. Using this for our emotional and physical health.

3) *You are the Placebo*

by Dr. Joe Dispenza

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

1 hr. 4 min.

Linda talks about the merging of science and spirituality like you've never heard.

4) *One Mind: How Our Individual Mind Is Part Of A Greater Consciousness And Why It Matters*

by Larry Dossey

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=IeBzvE56FwU&index=6&t=0s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

Time: 1 hr 5 min.

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5) *The Compassionate Equestrian*

with Dr. Allen Schoen, DVM

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=LLoHgvoKCQ&index=7&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[v=LLoHgvoKCQ&index=7&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=LLoHgvoKCQ&index=7&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

Time: 1 hr. 9 min.

6) *Six Macaques, A Story of Transformation From Lab Primates To Animal Ambassadors*

by Linda Tellington-Jones & Carol Lang

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=7qFnC6m4inA&index=9&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[v=7qFnC6m4inA&index=9&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=7qFnC6m4inA&index=9&t=os&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

Time: 52 min.

Linda tells the story of the incredible transformation of 6 Macaque monkeys rescued from a psych lab. Having lived for 16 full years in cages literally unable to see other monkeys, they were given over to Linda and her group. See what happens in such a short time! Miraculous!

7) *The Long Ride Home*

by Rupert Isaacson

[https://www.youtube.com/watch?v=52Nk-](https://www.youtube.com/watch?v=52Nk-FF4enI&index=10&t=222s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

[FF4enI&index=10&t=222s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu](https://www.youtube.com/watch?v=52Nk-FF4enI&index=10&t=222s&list=PLQR18e4UTNxonHbiqHvUOlmiRgql4Q6hu)

Time: 1 hr 23 min.

Rupert Isaacson discusses his book, "The Long Ride Home." It is his story how he helped his son with autism. He now has many centers around the world.

8) *The Prophet*

by Kahlil Gibran

<https://www.youtube.com/watch?v=HAvyJaFcJJQ>

Time: 1 hr 8 min.

Discussion of Kahlil Gibran's age old book, "The Prophet." It is filled with so much thought and insight.