



TTouch Outcomes at Nursing Home Facility

These are the Successful Outcomes in physical and behavior changes when Staff was using Tellington TTouch with patients in the Nursing Home.

This study was paid for via a State Grant. Fifty-two staff members of an Alzheimer's focused Nursing Facility had their attendance paid for in order to attend the Tellington TTouch Training with Linda Tellington-Jones during a regular work day. The participating staff ranged from nurses, dieticians, housekeeping and more.

For the year following the training, staff were encouraged to continue to use TTouch with patients regularly. Each time a staff member used TTouch with a patient the information was entered on their charts. All of the results were then compiled and are shown below for these 11 presenting issues and categories. These are the remarkable results.

Presenting Issue	Successful Outcome
Anxiety	98%
Restlessness/ Insomnia	100%
Irritability	100%
Pain/ Discomfort	96%
Comfort/Mood	100%
Rejecting Care	67%
Tearfulness/ Crying out	92%
Verbal Agitation	84%
Improved Ability with Task at Hand	100%
Physical Aggression	100%
Wandering/ Wanting to Go Home	100%