

Tellington  
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Co-Creating Heaven-on-Earth  
**Class 6 - From Chat Box**

10:39 From Sandy: The Fairies requested you to Take a Vow, What is Yours?

10:39:11 From Sage Lewis : SPREAD JOY!!!

10:39:11 From Ruby : stay connected and listen

10:39:39 From Stephanie : glocal consciousness

10:39:41 From Saskia : Be Connect

10:39:52 From judy frank : Honor all. send kindness, acceptance, embrace diversity. We are all in this nautilus


10:39:56 From Sage Lewis : Love (from my dear friend Lynn who is sitting next to me in NM right now)

10:39:58 From Deb Burk : awareness of needs of our planet. Listen for what I can do. Watch for what it is that is needed here now.

10:40:03 From gands : Pass on compassion and educate.

10:40:16 From Sandy Rakowitz : This place, this time, Being-ness. Care, cooperation, Flow, community, kindness, express these pleasures in all it's facets.

10:40:44 From gands : Be patient, trust and stay positive.

10:40:48 From Sally Boulding : gratitude, forgiveness, seeking heart coherence with all, peace,  tropical sounds are so lovely

10:40:50 From Margrietha : Freedom and wisdom

10:41:00 From Penny : As I heal myself, in my Oneness I assist in healing others, healing All.

10:41:01 From Adrienne Brockway : Open mind - open heart... guide the timid; protect the weak. Communicate with heart first. Be as a part of nature

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10:41:10 From Elinor Silverstein : patience, understanding, compassion, love, softness, and a little distraction technique

10:41:46 From Heidi Mosbarger : Continue to grow in compassion, wisdom and kindness.

10:41:48 From Ellen Lichtevelde : Always put your wellbeing first, and therewith the planet's

10:41:50 From Sage Lewis : Be

10:42:27 From Adrienne Brockway : Time to Look — to Move — to Do. Lead, Don't wait... Touch - Feel - Smell - Hear - Taste - BE.

10:42:40 From Cindy Ketchbaw : Love, Joy, Grace

10:42:57 From Shannon : Trust your talent as you move through life.

10:42:57 From Saskia : Let go of fear, let go of force, let go of pain, Just be

10:43:08 From Janice : Continue the love one at a time whether perosn, plant or animal although plant and animal already know!

10:43:26 From Lisa Leicht, switzerland : you are protected. be in present moment, share your wisdom fire, with all. unicorn, jaguar black dog milan

10:44:47 From Ellen Angelino : Be a light that shines to help al creatures.

10:45:46 From Morgine Jurdan : I am everything and everyone and they are all me. There is only a “we” a Oness of all of life. See the Best in everyone and everything. See the real, authentic, divine grace, the spark alive in every cell of everything. Even if disconnected at this moment, it never dies. The light never goes out. Always remain connected because your light might make it glow and grow brighter and brighter again so they can remember who they are again too.

10:46:06 From sabinekohler : feel the magic in every TTouch

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10:47:25 From Pat Hennessy : connect deeper - send more messages out

10:49:55 From Rev. Donna El Haber : My global vow -- o try to be the bst light in the world by starting with the path I travel on of continuous learning, staying open to possibilities and new potentials. My vow is to shae thta light and wisdom with others and let each person know what a miracle he or she is. It would also be fun to dance like the fairies and be part of a rich community of beings who bless the world with their love and grace and help create so much light and wisdom in the world. Each cell is a light. You are a brilliant light. You shine like the stars. Share your light. Make the world a better and more beautiful place. We are one. We are with you. We love you eternally. Shine like the stars. Be the light. Share your light!

10:51:01 From Susanne Peschel : Live life fully - every moment.

10:51:21 From Sue P2 : deeper connection with nature, animals and people

10:53:07 From Sage Lewis : Linda/Sandy/Elinor, will you please post that Vow poem on the FB page? : )

10:53:32 From Elinor Silverstein : great idea, Sage!

10:59:21 From Sally Boulding : Deepak Chopra says that “gratitude opens to abundance energy”. perhaps by practicing more gratitude we can connect more with our bodies or other events in life that we are not happy with.

11:00:12 From Sage Lewis : My yoga instructor shared that the ONE thing that ALL happy people have in common is GRATITUDE!

11:18:42 From Morgine Jurdan : I find it funny, I have bee writing a book for several years titled...Voices of Nature Calling Us Home!! :-)

11:19:29 From Susanne Peschel : That' a wonderful title, Morgine.

11:31:47 From Margrietha : Thank you Elinor. I will try this because after my accident it hurts at the left side from my head

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- 11:35:34 From Saskia : Elinor could you post this info in the fb group?
- 11:44:05 From annguhmann : also help with cell phone posture
- 11:45:35 From Ruby : moraine, would you pls write out your pray here
- 11:45:40 From Pat Hennessy : Is this slide posted on our member site?
- 11:45:57 From Sally Boulding : so interesting! I am also feeling sensations down through my legs like twinkling stars.
- 11:46:27 From Pat Hennessy : This would help with TMJ! What about dementia and Alzzheimer's?
- 11:47:10 From Saskia : Would this also help with tension on the throat and problem with swallowing?
- 11:47:11 From Pat Hennessy : I also liked the Banana Slug on the neck
- 11:49:29 From Sandy Rakowitz : kids and adults using cell phones!
- 11:49:37 From pambeets : Pam b - I use TT w Parkinson's for helping swallowing on neck muscles and back of skull
- 11:50:01 From Sage Lewis : So here's something interesting....with the kids I'm working with in the jail, they of course can't HAVE cell phones, and what I notice is a softening in their hearts the longer they're IN the jail....
- 11:50:42 From Ruby : interesting\
- 11:51:06 From Morgine Jurdan : I took a class on Natural Posture. the woman had photos of babies who ad straight backs reaching for anything naturally and then left slumped in car seats, baby holders , strollers these days. and then using cell phones and tablets,teens now look like SENIORS and there is that frozen distances for the eyes not stretching, nor the neck, fingers and so much more.....

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- 11:51:11 From pambeets : pam b - love this!! Many ideas to use
- 11:51:15 From Sandy Rakowitz : I am feeling alot more move through my heart from these small movements with such awareness.
- 11:53:07 From Sandy Rakowitz : This is a powerful connection of movement with the lower back and pelvis with the jaw.
- 11:55:54 From Cindy Ketchbaw : I believe that with the increase of blood flow there is an increase in oxygen too. I feel this is key.
- 12:05:05 From Sandy Rakowitz : A lovely 'side-effect' of applying TTouces along the neck is neck wrinkles diminish.
- 12:24:01 From Amy from Maryland : I noticed an amazing rejuvenation in Linda's face after the initial journey to our cottages and the crystals... the miracle was SO visible. hi
- 12:27:23 From Sandy Rakowitz : What attracted you to this Class?
- 12:28:04 From Deb Burk : Dresden Maine-the desire to extend TTouch to people
- 12:28:07 From Elinor Silverstein : getting to work, meaning, learn with Linda online in the comfort of home. So amazing!
- 12:28:30 From Sage Lewis : Sage Lewis, Prescott, AZ - more time learning and sharing with Linda, being with community, and sharing in deepening the TTouch work into this expansive possibility!!!
- 12:28:30 From Penny : From Colorado, now live in TN. What attracted me to this class? An irresistible hit of Intuition.
- 12:28:34 From Heidi Mosbarger : Heidi Mosbarger from Bellingham, WA. While getting my certification in Companion animals I especially loved the time we spent on TTouch for Humans. I was always very interested but could seem to figure out how to get myself to Hawaii. This is so great.

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12:28:37 From judy frank : LTJs energy. And weaving intuition with body awareness, healing, unity. xo

12:28:39 From Cindy Ketchbaw : Madison WI - I took this class to take a deeper dive into TTouch.

12:28:48 From Pat Hennessy : From Missouri. I love this work! When I heard there would be a virtual class I was thrilled with the idea of it. A great way to share across such a broad spectrum. It's a great way to keep us all connected and to reach more than just one class in one city.

12:29:18 From Pam V : Pam Valencia from Blanco NM To gain an understanding of the Ttouch work and how to incorporate it in my life and with my animals.

12:29:24 From Stephanie : I took the class to get to know more about TTOUCH

12:29:34 From Adrienne Brockway : Adrienne Brockway, Cleveland OH... interested in finding ways to increase communication and understanding within myself and thereby being able to communicate and connect more with others; and to have a way to be connected with like-minded others

12:29:34 From Morgine Jurdan : TTOUCH, has helped me and my animals so much over these many decades I wanted to understand more how it could help me evolve more deeply into the vibrantly healthy, happy, u conditionally loving person I believe I came here to be!

12:29:37 From Marylou Mylant : this is MaryLou Mylant. I am from Hermosa (near Rapid city) South Dakota. I wanted to gain a better hold and dive deeper into self-care for myself and animals and friends.

12:29:42 From Lisa Leicht, switzerland : Sharing, connexion, new level of understanding and teaching from Linda

12:29:43 From Ruby : I joined this class because to work more with Linda.

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There is something magical and reminds me of how I use to be before i let life get in my way. Working my way back and the desire to help others always

12:29:49 From Janice : Living in Memphis TN. To connect with self and to ALL the TTOUCH family which includes ALL.

12:29:57 From Karen Boos : I've heard you on two K9 College Cruises; i've taken TTouch seminars here in the Chicago area; and have always admired the work you do. P.S. My youngest sister has a hunter/jumper stable in Florida and Peggy Fleming is her vet.

12:30:06 From Sue P2 : Hi. I'm in England. I was attracted to the class because it suggested there was a deeper and more spiritual side to TTouch

12:30:07 From Sandy Rakowitz : Emphasis on the connection with Source, Divine Spark through TTouch; and, the Science and Spiritual together. Working with Linda, and everyone from around the world!

12:30:14 From Saskia : To start my journey into TT4U. And get a deeper level into TTouch that I do with the animals.

12:30:55 From Rev. Donna El Haber : I love the teaching of LTJ and how she is always trying to make the world a better place for both people and animals. I like her divine wisdom and the channel that she is for deep wisdom and for being so ahead of her time. I love the Tellington TTouch Method and all its parts, but what I love most is its philosophy of honoring our animals and meeting them where they are and recognizing their potential for perfection or optimal function. And even deeper than that, I love how Linda understands the Quantum nature of this Universe and how so many miracles are possible and how we are all connected to one another and how each and every cell is connected to the light of the All That Is.

12:30:57 From Morgine Jurdan : I Morgine live in Washington state by Mt. St. Helens the famous volcano.

12:31:16 From annguhmannn : Three years ago got my first equine-a mule-at

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age 69. Needed a better way to communicate with him and knowing I needed the innerwork. I saw this class as a chance to learn what I needed.

12:31:24 From maia : I joined this class because I simply love Ttouch and I would like always go deeper.

12:31:29 From Margrietha : I'm from the Netherlands and I have already TTouch done to horses and want to learn this beautiful touches to my mother with Alzheimer's and for people in the future in my practice

12:31:34 From Amy from Maryland : This class openly expands "a greater knowing" which I've always intuited....It's all so much richer than I ever knew

12:31:46 From sally alasin : Inspiration from Linda, other members. A peaceful moment, quiet mind. paying attention to my body that I' too busy to do a lot. Sally Alasin, Aiken, SC

12:32:15 From Rev. Donna El Haber : I live in Vista, CA with my husband and my amazing 8-year-old English springer spaniel Harry who is an amazing being of light and love and makes my time here with him so special.

12:33:20 From Ellen Angelino : Wadenoijen - the Netherlands. I'm a TTouch prc. 2 for Equine and CA. My goal is next to helping myself is to help animal guardians to help their animals through their own body awareness.

12:33:24 From JyPhone : Joy from Oxford Uk - as a scientist and feldenkrais teacher I wanted to get in better touch with my spiritual side and learn more from Linda, Elinor and Sandy to improve my work with humans and horses.

12:33:30 From Valentina : Valentina, from beautiful Montrose Colorado, on the Western Slope of the Rockies. Now retired, I was a human and animal non-force chiropractor for 31 years, using TTouch since the late 80s. Now I work in hospice patient care, where TTouch is the perfect gift to share in the sacred privilege we, in hospice, are given. Dearest Linda--words are too small to thank you for who you are and what you express, so sending you and Sandy and Elinor heart hugs without limit, xoxoxo--V



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12:35:18 From Amy from Maryland : Amy, from the green rolling hills of Maryland

12:36:11 From pambeets : Pam b from Denver ,Colorado

12:36:41 From Anne Bigi : Working mainly with animals I still love working on humans from time to time in my husbands practice, and love even more the idea of helping myself and helping others to help themselves!  
From the day I learned about TTouch I enjoy learning more and more about it!

12:37:14 From Morgine Jurdan : at 70, I finally learned to no longer care how WIERD other people think I might appear. I celebrate our diversity! my phone message has said for decades ...thank you for calling .....a place where Love and Magic is alive and well! and even my husband's big company's ceo that would call once in a while and loved that message... we cannot assume to know what people believe... I have faith in each of us...

12:38:30 From Sage Lewis : Deeper connection with all.

12:38:33 From Deb Burk : connection

12:38:37 From Sandy Rakowitz : Share 1 thing you have gained from the 6 mo program Co-Creating Heaven-on-Earth

12:38:41 From Heidi Mosbarger : A sense of hope and peace.

12:38:41 From Sandy Rakowitz : HOPE

12:38:43 From Morgine Jurdan : A much DEEPER CONNECTION WITH MY PHYSICAL BODY!!!

12:38:43 From Penny : The begining of true self love.

12:38:50 From Pat Hennessy : deeper connection to the body

12:38:50 From Saskia : awareness

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- 12:38:50 From Margrietha : Connection to my mother
- 12:38:53 From Valentina : SoooooooooGRATEFUL.....
- 12:38:54 From Marylou Mylant : Self love!
- 12:39:09 From gands : a closer connection to nature!
- 12:39:14 From Beate Meyer : a deeper connection to my body
- 12:39:16 From Lisa Leicht, switzerland : deeper connection with other people and myself
- 12:39:20 From judy frank : Expression of bold spirituality without apology is self love.
- 12:39:24 From maia : It's beautiful touch myself
- 12:39:33 From Elinor Silverstein : more connected with the Universe around and it is so beautiful sharing the opportunity to do this with so many wonderful like-minded human beings. Thank you <3
- 12:39:41 From Pam V : Understanding and connection
- 12:39:44 From Ruby : gratitude
- 12:39:44 From Suzie : A much deeper connection to my body, and lots of relief happening from various pains and etc.!
- 12:39:50 From Sue P2 : the interconnectedness of everything, from a cell in my body to the whole Universe
- 12:39:51 From Ellen Angelino : Gratitude for who I am!
- 12:39:52 From Elizabeth Eckert : Connection!

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12:39:59 From annguhmann : visualizing circle and a quarter in the internal places where i experience tension but can't touch with my hands

12:40:01 From Cindy Ketchbaw : How a simple circle and a quarter can majorly impact someones life.

12:40:17 From Pat Hennessy : better connection physically and gratitude for the connection spiritually

12:40:20 From gands : Gary : what nature is saying.

12:40:20 From Suzie : Me was suzie steenbergen!

12:40:30 From sally alasin : Getting out of emergency state of coping with a major mold remediation and my husbands Alzheimers.

12:40:37 From Elinor Silverstein : I am loving reading what everyone is writing!

12:40:40 From Morgine Jurdan : Linda..where did you get that background thing hanging in back of you? it's so beautiful

12:40:45 From Sandy Rakowitz : I can find this gateway easily now

12:40:54 From Karen Boos : A reminder to slow down, relax, take care of myself, and take care my body.

12:40:55 From Jennifer Strong : A way in to my self, reconnection of me and spirit, finding community of like-minded souls

12:41:06 From pambeets : Pam b, Denver,Colorado-Linda's work first touched my heart with horses and resonated in every cell of my myself. The richness of TT always enriches my life. The class has kept me in touch with what I love best. Thank you Linda , Sandy and Elinor.

12:42:01 From Adrienne Brockway : Finding ways to work and expand my

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knowledge of scientific (left brain) and integrate it with intuitive self. Becoming acquainted with so many new people.

12:42:26 From JyPhone : I now feel more empowered to teach my clients Ttouch.

12:42:27 From Sally Boulding : I cut BIG circle + 1/4 in the tall grasses at the back of our path to my little sacred place. They are like labyrinths to walk...maybe can be seen by the birds as they fly over!

12:42:29 From Suzie : From Suzie Steenbergen in Alpine CA. I am a Prac 1 with horses, and saw so much improvment and connecgion with horses, that I couldn't resist joining Ttouch for You!

12:42:29 From Rev. Donna El Haber : Honoring the sacred blessing of our bodies and the cells within that are all divinely created and connected to the All That Is. Finding ways to rekindle the spark and light in all our cells as we recognize how truly miraculous we are as creative beings who are always seeking ways to progress and feel more love and joy and try whenever we can to create Heaven on Earth or to at least leave every day with more love whenever we can.

12:42:36 From Susanne Peschel : I am living in Germany. My dog brought me to TTouch. I started in MI have learned so much, and I feel much better. Less pain, more strength. My dog is doing very good too.arch, when the first post came up for the programm and I just love it.

12:43:45 From Janice : I am now appreciating my body rather than ignoring as I have done for so many years becasue of the pain and disfiguration of rheumatoid arthritis. I am forgiving my body rather than blaming my body for all the things I have had to leave behind and change in my life. I forgive myself for being so hard on myself.

12:43:50 From Rev. Donna El Haber : Also for me Linda is the blessed emblem of aging in a magnificent way with such beauty, wisdom and grace.

12:45:26 From Amy from Maryland : I am VERY much more present in my

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own body--- really reaching out to the trillions of cells in my vessel- and even more wonderous of the amazing energies all around. I wish I could do more... Wish I could get my daughter out of that adrenal state... she's currently in ER with allergic reation... feeling STONG, soldi and so small to help her

12:49:41 From Amy from Maryland : I HOPE there's another class on the near horizon like this ... Heaven on Earth- continued- part 2,3,4,5,etc...

12:57:34 From Deb Burk : Cindy- Sending so much love and heart hugs to you! I shared Ttouch with my friend in CA a couple weeks ago and wrote it down on a piece of paper for her so if she cant remember she can be reminded by my note!

12:58:06 From Deb Burk : Oh I forgot to share she is in mid stages of alzheimers.

12:58:09 From Margrietha : A big heart hug for you Sally

12:58:14 From Margrietha : hug

12:59:21 From Deb Burk : Oh, sorry Sally (not Cindy)

13:00:46 From Sage Lewis : Headwraps, too.

13:01:21 From Margrietha : and ttouches with hair glides of the head

13:01:32 From Margrietha : thats likes my mother

13:04:21 From Deb Burk : And so, Im thinking about “sending the intention of Ttouch”...across the miles by doing Ttouch on a doll or stand in...in the case of my friend. Has anyone done this?

13:04:43 From Sandy Rakowitz : yes Deb, with permission.

13:07:31 From Heidi Mosbarger : Deb, I successfully worked on cat by using my thigh as the proxy.

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13:08:02 From Sandy Rakowitz : You don't need a doll, unless you need to use a surrogate like this. You can visualize working directly with the person. I do this with cats, dogs, horses when can't work directly with them across a room, crate, stall, etc. very fun, cool. we are all connected.

13:08:22 From Morgine Jurdan : me too...do proxy work all the time

13:08:59 From Sage Lewis : I need to head out in a couple minutes, so I want to give a big thank you to everyone who has shared, listened, taught and connected during our time together the past 6 months. To be continued!!! XO

13:10:03 From Adrienne Brockway : So happy to have been in class with you Sage and to have heard stories of your current experiences with the kids

13:10:31 From Margrietha : Thank you to Sage :)

13:11:00 From Sandy Rakowitz : Thank you so much Sage, for sharing your 'Sage' ness.

13:12:30 From Morgine Jurdan : can we share if we are not a certified Ttouch person in a group?

13:12:52 From Ruby : Im hoping to include it in my yoga class when I can get back to yoga. I am having major muscles spasms in my neck and its hard to even keep my head up for long. Ive been doing ttouch for days

13:13:15 From Ruby : I am also adding this to my meditation group as well.

13:14:44 From pambeets : pam b - I have been going TT w horses in ICU at a vet clinic, just working with a foal that has a brain cyst. Have been able to have vets and techs watch as I did TT and dome conversation w vets. Also TT w a friend that had a malignant brain tumor , TT helped her keep calm doing MRI's, injections and after surgery. I also did some version of TT w her hands a day before she died. Her partner said it calmed her and she loved it by her reaction.

13:14:56 From Amy from Maryland : More classes on the horizon?

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- 13:23:59 From judy frank : Will these classes be on Sundays?
- 13:25:35 From Sandy Rakowitz : Celebrate Your Body's Infinite Wisdom  
Reweave Your Expectations & Experience of Aging  
Through the Gateway of TTouch-for-You®
- 13:25:52 From Cindy Ketchbaw : Is there away that we can get a copy of  
Voices of Nature?
- 13:25:57 From Sandy Rakowitz : SPECIAL Early Bird Offer  
For those in Heaven-on-Earth  
40% off regular price
- 13:26:07 From Sandy Rakowitz : ONLY - \$477 for single payment  
USE THIS LINK: <http://bit.ly/TTBW477>
- \$177 for three payments  
Link: <http://bit.ly/TTBW177>
- 13:26:16 From Saskia : Untill when is the Early Bird Offer?
- 13:26:18 From Amy from Maryland : the glass is refillable...
- 13:28:42 From annguhmannn : what are the Dragonfly Ranch dates?
- 13:29:11 From Sandy Rakowitz : Celebrate Your Body's Infinite Wisdom will  
run from October 2018 - March 2019, On Sundays from 11am - 1pm Pacific time
- 13:29:18 From Sandy Rakowitz : dates TBA
- 13:29:33 From Rev. Donna El Haber : Have to go now. Wishing you all so  
many beautiful blessings! Thank you LTJ, Elinor and Sandy and everyone for  
your beautiful contributions!
- 13:29:38 From Sandy Rakowitz : All classes will be recorded and available.
- 13:29:45 From Sandy Rakowitz : Thank you Donna!!!!

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13:30:33 From Morgine Jurdan : an we do Ttouch when someone is on medication?

13:31:09 From Sally Boulding : Thank you..mahalo. Heart hugs..I look forward to the next classes. ❤️❤️❤️❤️🌞

13:31:14 From Sandy Rakowitz : My dad was also getting light headed and less balance. His heart was racing, not slow. No doctor understood.

13:31:24 From Morgine Jurdan : can I share Ttouch with groups without Being a certified Ttouch person?

13:31:35 From Sandy Rakowitz : yes Morgine.

13:31:47 From Morgine Jurdan : Thanks

13:32:08 From Sandy Rakowitz : Morgine - when you are sharing, not you doing TTouces on them.

13:33:44 From Adrienne Brockway : How long is the early bird price good for?

13:35:10 From Morgine Jurdan : what if some one is on. a lot of medications...is Ttouch ok? just wanted to know before doing some by proxy work? thanks

13:39:24 From Margrietha : I have to go now.. The horses are outside and they want in the stable. Thank you so much Linda, Sandy and Elinor for the great learning these months! It brings me more closer to my mother and the touches was so fine fore the people I have treated this 6 months. And I want to thank everyone who have shared on the fb group

13:39:51 From Elinor Silverstein : thank you Margarietha :)

13:41:09 From Sandy Rakowitz : All The Chat we see here will be posted along with the recordings. And are also posted for previous chats with each class.



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13:41:29 From Adrienne Brockway : Thank you Linda, Sandy and Elinor for so many ways to stretch my brain and heart

13:41:49 From Amy from Maryland : you give such deep inner hope

13:42:00 From Sandy Rakowitz : Thank you everyone for joining us in this journey!! Such deep gratitude for each of you!

13:42:04 From Elizabeth Eckert : Thank you everyone!

13:42:16 From Marylou Mylant : What it has given me is a much more compassionate connection with myself, others, and the animals:)

13:42:27 From Beate Meyer : thank you all

13:42:33 From Anne Bigi : Thanks to everyone for these 6 months together and especially to Elinor, Sandy and of course Linda!  
xxxxx

13:42:38 From Pat Hennessy : Thanks to Elinor, Sandy, and Linda for this class and ability to share!!!!

13:42:43 From Ruby : You three are an amazing collaboration and I feel so grateful to have been a part of this

13:42:53 From Suzie : From Suzie S. thank you linda, sandy and elinor for everthing

13:43:17 From pambeets : Pam b- thank you everyone! Linda, I have looked forward to class every month. It has meant so much to me to here, inspiring me.

13:43:18 From Marylou Mylant : One last question...what were the dates of the t-touch retreat?

13:43:19 From Saskia : Thank you so much Linda, Elinor and Sandy! It was inspiring and gives such a new light on myself and life. Very grateful for the connection to you all!

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13:43:35 From Sue P2 : thank you Linda, Elinor and Sandy. looking forward to the next six months

13:43:40 From judy frank : Thank you, Linda, Elinor, Sandy and all...! Heart hugs forever! xoxx

13:43:43 From Lisa Leicht, switzerland : Thank you all so much for connecting, inspiring and sharing!

13:43:51 From sally alasin : from Sally thanks, aloha

13:44:09 From Valentina : Linda, Elinor, and Sandy--you are indeed The Three Graces.Thank you all 3 for who you are.....

13:44:34 From Morgine Jurdan : thanks everyone blessing and love always Morgine

13:44:55 From judy frank : Just as in person, it's always hard to leave... you are all in my heart. <3

13:46:40 From donna shugrue : I am so glad we are continuing! I was somewhat sad initially that this was to be our last class.

13:51:21 From Cindy Ketchbaw : Will there be a separate Facebook Group for the new class?  
From Sandy, Yes there will be a private FB group.